

VOLUNTELLER



CHANNEL ONE FOOD BANK AND FOOD SHELF

SUMMER 2010

2010 Volunteer Banquet

On April 26th Channel One held our annual celebration and recognition of our amazing volunteers. Approximately 200 volunteers attended the banquet held at the Rochester Events Center.

Char Ellefson received our Superhero award. Char has been volunteering with Channel One since 1983 and is an extremely valuable part of our team. Thank you Char for being a volunteer extraordinaire!



Char Ellefson, Channel One's 2010 Superhero Award winner.

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Stamp Out Hunger!



Rochester Letter Carriers collect donations.

On Saturday, May 8, 2010, the National Association of Letter Carriers participated in their 18th annual Stamp Out Hunger! across America. The Rochester branches of the NALC collected 56,025 pounds of food this year, beating all past years records! All food will be distributed to Olmsted County residents through the Channel One Food Shelf program.

Thank you to all those who donated food through the drive and thank you to the letter carriers who work so hard to make this possible each year!

Upcoming Events

- June 25-Rochesterfest Parade
- July 4- Fireworks Food Drive
- August 20- Movie on the Barn
- September- Hunger Action Month
- October 3- CROP Walk
- October 21- Empty Bowls

For more details on these events please visit www.helpingfeedpeople.org

"Unselfish and noble actions are the most radiant pages in the bibliography of souls"

-David Thomas

Helping feed people in need

Summer Volunteer Opportunities

Rochesterfest Parade

We are looking for someone to be our Souper Can in the Rochesterfest Parade on June 25th. If you love to dress in costume and make people smile then this is the opportunity for you! The parade starts at 6:15pm and we would need our Souper Can to arrive around 5:45pm.

4th of July Fireworks

Channel One is in need of volunteers to help with the Fourth of July Fireworks Food Drive. We will have several food drop off locations near Silver Lake. Approximately seven volunteers will be needed to staff these locations from 8pm– 11pm. Volunteers can bring their own lawn chairs and snacks. If you are not interested in volunteering,

but plan to come and enjoy the fireworks, we encourage you and your family to stop by the Channel One tote or truck. Please consider bringing along some non-perishable food items to donate and encourage others to do the same.

For more information or to sign up to volunteer please contact Maggie Parham at 507-424-1705 or at maggieparham@channel-one.org.

Meet Maggie

Hello Channel One volunteers. My name is Maggie Parham and I am the new development associate and volunteer recruiter. I'm very excited to be a part of the Channel One team and am looking forward to meeting all of the amazing volunteers who dedicate their time, talents, and hearts to the mission of this organization.

I am originally from St. Cloud, MN but have also lived in upstate New York and Philadelphia. I moved to Rochester two years

ago to work as a membership specialist with Girl Scouts of Minnesota and Wisconsin River Valleys and to be closer to my nieces. I'm still exploring the city and discovering new places all the time.

I hope I get to personally meet you all very soon. Please feel free to call, email, or stop by my cube at anytime. Thanks for all you do for Channel One!



Maggie Parham, Channel One's new Development Associate and Volunteer Recruiter